

Earthbound Expeditions

Hike Around Kathmandu a Day Trip - Nagarjun Day Hike

1 days, from US$57 per person

Duration	Group size	Country
1 day	**15 People**	**Nepal**

Hike Around Kathmandu a Day Trip - Nagarjun Day Hike Overview

Earthbound Expeditions offers the best hikes in Nepal. We have a variety of hiking packages for you to choose from, including trekking and mountain climbing. Visit our website today!

Nagarjun Day Hike - an ancinet meditation Jungle of a Yogi, from where Manjushree saw Kathmandu valley first time

The Nagarjun hill is a part of the Shivapuri National Park and is famous among hikers and pilgrimages alike. The name is derived from a renowned sage Nagarjuna that meditated there ina cave, and by looking at the greenery and peaceful setting, you can understand why the sage chose it to meditate. The hike begins at Balaju bypass, and the trail provides ample time to explore the untamed wilderness so close to the bustling capital. Soothe your senses as you explore the caves, Buddhist stupas and the magnificent scenery that lies ahead of you including the snow-laden peaks like Ganesh Himal and Langtang and the prayer flags fluttering in the wind. The trail ranges from high to steep, but one thing is for sure, it will be an unforgettable experience.

This one day trip to Nagarjun can be arranged as per your wish. Just give us a call on 9851017772 and we will arrange a day hiking around Kathmandu.

Earthbound Expeditions is recommended by Lonely Planet, Trip Advisor, Newyork Times, The Guardian, and many other national and international newspapers and magazines for our good services. For more information on the day trips near Kathmandu, feel free to get in touch with us.

Cost Includes/ Excludes

Includes

- All ground transportations as per itinerary
- Government trained guides and necessary no. of porters with their insurance, salary and meals.

Itinerary

Day 1

Nagarjun day hike

Located north-west of Kathmandu it takes 20 minutes by car and 2 and half hours to hike up to the Nagarjuna hill, which is also, called the historical Jamacho Peak at 6,300 feet. The mountain is called Nagarjuna hills because Nagarjuna\'s cave-residence is found here and this is where he performed his meditations. Besides Nagarjuna cave there are some other caves of Buddha, Mahasiddhas. One of the famous stories of the Buffalo Buddha is that , a long time ago when Acharya Nagarjuna was living in his cave, an idiot buffalo herdsman from Kathmandu became possessed by faith in the master and came to him frequently, offering curd and milk etc. Once when he asked Nagarjuna to come to town with him, the master refused, saying, \'If you are able to meditate upon perfect reality, sit down here\'. So he did as he was told, but obsessed by his work of guarding the buffaloes he could not think of anything else but the buffaloes! \'Visualize yourself as a buffalo\' instructed the Acharya, so he meditated in what today is called the Cave of the Buffalo Buddha and after a while he actually became a buffalo! His horns struck the rock above him and the holes, which today are known as his horn-prints. Eventually, Nagarjuna told him to contemplate his body in its natural state of total relaxation and meditating according to his instructions, the herdsman came to his senses and became sharp and alert. After he had accomplished the aim of his mediation, it is said that he shot through the roof of the cave and went straight to the Dakini\'s Paradise. It is also claim that Maha Manjushree, who is supposed to be the founder of Kathmandu valley, saw Kathmandu valley as a lake from this point. In a clear day you can see whole Ganesh Himal, Manasalu

> and Lantang range from here and also the Kathmandu valley. On The top have small stupa. You hike down same trail though forest. Total about 6 to 8 hours hike.

What's included

- All ground transportations as per itinerary
- Government trained guides and necessary no. of porters with their insurance, salary and meals.

Not included

- Major meals in the cities.
- Monuments entrance fees if any
- All personal expenses such as bar bills, beverage, snacks etc.
- Personal clothing and gears
- Tips to guides and porters

Photos, videos and reviews of this trip:
earthbound.rajansimkhada.com/hike-around-kathmandu-a-day-trip-nagarjun-day-hike